



WORKSHOPS - SATURDAY



Workshops not only educate and entertain, they give our Festival goers the opportunity to get close up to performers, learn from them and ask questions.

We are always keen to hear about what sort of workshops you're interested in for future festivals.

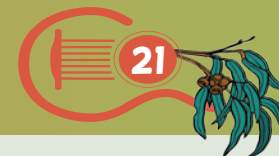
Please do that through our survey on the website.

NOTE: Workshops are for all levels unless indicated otherwise.

TIME	VENUE	TITLE	PRESENTERS
8:15am	Brolga	Wake Up Dancing	Rachel Murphy
<p>Rachel presents an energetic, iconic and irreverent morning dance session. The type of dancing you might do in your lounge room but never expected to do in public. Or in a group. All levels welcome. Better than coffee. PJs welcome.</p>			
9:25	Brolga	Fundamentals of Irish Set Dancing	Set in Their Ways
<p>A bunch of fun loving Irish Set dancers from Canberra eager to share the joy of dancing both traditional and contemporary Irish Sets to the awesome rhythms of Irish music. Come along and learn the basics of Irish set dancing. All welcome.</p>			
10:15	Yuin Elders Tent	Ideas from the Edge What is a Circular Economy	Helen O'Neil
<p>Why is the Bega Valley driving circularity, what does it mean for regional NSW and is there a role for art, music and culture. Join moderator, Helen O'Neil, Bega Valley Shire Councillor and Board Member, SE Arts with Andrew Taylor, Bega Group; Dr Simon Wright, Charles Sturt University; Dr Deb O'Connell, scientist and change agent, and Graham Moore, Yuin Nation knowledge holder, in a wide ranging discussion about circularity - sharing, reusing, recycling, up-cycling and living sustainably.</p>			
10:30	Brolga	Dance Workout	Mica Mahani
<p>Mica Mahani is a multi-disciplinary artist living in the Bega Valley. With a dedicated local following, she is best known for her community based dance and performance projects. A dance workshop for adults with fun and easy choreographed dance routines that will leave you smiling.</p>			
10:30	Yowrie	Ukulele Fun	Bruce Watson
<p>Join Bruce as he teaches you ukulele fun with songs that don't suck. Bruce is an experienced uke-group leader. Players at all levels will enjoy this.</p>			
11:35	Yuin Elders Tent	Singer-Songwriter Masterclass	Glenn Skuthorpe
<p>Join international touring singer-songwriter Glenn Skuthorpe for an exclusive Singer Songwriter Masterclass. This workshop provides opportunities to hear the stories and craft behind the creation of Glenn's music and poetry, share his love for country and gain an insight into how his life's journeys have influenced his song writing.</p>			
11:45	Yowrie	From Yehudi Menuin and Stephane Grappelli to Frankie Gavin	Angus Barbary, Lindsay Martin & Dave O'Neill
<p>Angus Barbary from Austral and Lindsay Martin from We Mavericks, and the omni-present Dave O'Neill talk about and demonstrate how they moved on from their classical and jazz (Dave) music training to learning how to join in with Celtic fiddling down at the pub.</p>			
12:30	The Yarnin'	Screwing Around with the Nuts and Bolts of Poetry	Kimberley K Williams
<p>This workshop is an introduction to poetry workshop to encouraging people to play with language and poetic form in the 21st century. I have offered a similar workshop for the Queensland Poetry Festival and it met with success.</p>			
1:00	Yuin Elders Tent	Rocking Sufi Songs	Farhan Shah and Sufi Oz
<p>Learn about the unique rhythms, clapping and call and response vocal style of in an ancient devotional music that really rocks. With Farhan Shah, the Pakistani Pavarotti.</p>			



WORKSHOPS - SATURDAY



TIME	VENUE	TITLE	PRESENTERS
1:00	Yowrie	How to Write a Crap Song	Helen Begley

If you have a lot of song ideas in your head or you've never written a song, an hour of pumping out silly rhymes and worse lyrics will get things moving. Join Helen for what she describes as a "musical colonic irrigation".

1:35	The Yarnin'	Your Words Out Loud!	Jacqui Malins
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In this one-hour poetry performance workshop you will stretch your speaking voice, find its range and learn how to use it to deliver your poems with punch and panache.

1:45	Brolga	Learn to Dance the Blues	Savoy Dance
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So you went to the Blues Dance and now want to work on your moves. Savoy Dance will introduce you to different styles of blues dancing danced to live music from Canberra's favourite blues musician, Moondog! No experience or partner required!

2:15	Yowrie	Up Hammer Banjo	Nigel Wearne
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A self-taught player, Nigel demonstrates his unorthodox, three-finger hybrid banjo style that he calls "up hammer". Come along and discuss all things banjo.

3:00	Brolga	English Dance	Blighty's Revenge
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English dancing is fun! Get the heels up on the Blighty's dance list before you try out those new moves.

3:25	Yowrie	Beginner Bluegrass Mandolin	The Inadequates
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The Inadequates show you how to feel at least adequate in a bluegrass session if you're just a mandolin beginner.

4:35	Yowrie	Modern Accompaniment for Trad Tunes	Apolline
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Award-winning Apolline take you through their approach to chordal accompaniment for traditional and contemporary tunes.

5:45	Yowrie	Mindfulness for Music Lovers	Dr Sharn Rocco
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Give yourself time-out to rest, reflect and breathe into each moment of the Festival with calm, clarity and joy. Whether you're a curious beginner or an experienced mediator Sharn's warm, engaging style makes mindfulness fun and accessible for everyone.



Walks & Music in France

12 days of walks, music, laughter & wine
September 2027
Tour Guides:
Dave O'Neill
& Jo Cresswell

www.francewalks.com

Darjeeling & Lower Himalayas

2 weeks of walking, local culture, Nepali traditional music with Jo Cresswell
November 2026

jocresswell.com



Annual **Singing & Walking** trips in **Kosciuszko National Park, NSW** Feb or March.
See jocresswell.com for details or go on mailing list.



WORKSHOPS - SUNDAY



TIME	VENUE	TITLE	PRESENTER
8:20am	Brolga	Wake Up Dancing	Rachel Murphy

Rachel presents an energetic, iconic and irreverent morning dance session. The type of dancing you might do in your lounge room but never expected to do in public. Or in a group. All levels welcome. Better than coffee. PJs welcome.

10:15	Yowrie	Ideas from the Edge	Bruce Watson & Guests
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A remarkable project from Bruce Watson, remembering and celebrating those who have left a lasting legacy on the Immortals: Australian Folk Scene. The 50 minute video will be followed by a discussion and perhaps some guest experts.

10:45	Brolga	Dance Workout	Mica Mahani
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Mica Mahani is a multi-disciplinary artist living in the Bega Valley. With a dedicated local following, she is best known for her community based dance and performance projects. A dance workshop for adults with fun and easy choreographed dance routines that will leave you smiling.

12:00	Brolga	Learn to Dance Tribal Style	Sapphire Tribal Bellydance
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This workshop is all about dancing together. Learn a few basic tribal bellydance moves and dance with friends old and new to the best global grooves. No dance experience necessary to enjoy this workshop.

12:00	Yowrie	Let Your Feet Keep the Beat	Tim Scanlan & Manu Okubo
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Tim Scanlan and Manu Okubo demonstrate the fine art of foot percussion, popular in a number of music genres. Thong and sandal wearers are welcome.

1:15	Yowrie	Circle Singing	Penelope Swales
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Penelope Swales helps you explore the many forms of vocal improvisation in a safe and fun environment.

1:30	The Yarnin'	Multicultural Poetry	Andrew Moss
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Participants can expect tips on how to write poetry that mixes English with other heritage and learned languages. Writing multilingual poetry is a great way to draw on and communicate all of your cultures and identities in a way that is rich and true to your experience. Drawing upon several of his poems and processes that mix Twi, Japanese and English as stimuli, Andrew will guide participants to craft their own multilingual poems.

1:40	Brolga	Morris Dancing	Limestone Morris
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Morris Dancing! Have you seen us dancing on the street and are keen to see if you might like to give it a go? We'll teach you how!

3:00	The Yarnin'	Postcards for the Planet	Postcards From The Sky
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This workshop supports participants in the creative act of combining words and images in collage postcards that explore the environment and the planet. Participants are encouraged to identify a recipient of the message, and to mail or deliver the postcard to their chosen recipient following the event. We will provide all materials, and a guided approach to the making of the postcards.

GREAT FOOD AND MARKET STALLS!

Taking in the atmosphere of the Cobargo Folk Festival can leave you needing sustenance, so we have selected a variety of delicious and nutritious culinary options to help you recharge! Sit down and relax at our Food Village or eat on the run as you check out our local food and market stalls on your way to or from a concert, dance, or workshop. Grab a coffee, cold drink or an alcoholic beverage from Spooners Bar. Check out the Festival Markets with a wide range of clothing, leather products, arts and crafts, many hand-crafted in the local region. Support our community and local vendors!